Female NIH-Chronic Prostatitis Symptom Index (NIH-CPSI)

Center for Urologic and Pelvic Pain

			
	Date:		
Dain an Diagonafant			
Pain or Discomfort 1. In the last week, have your a	vnerien	cod	6. How often have you had to urinate again
1. In the last week, have you experienced			6. How often have you had to urinate again
any pain or discomfort in the following			less than two hours after you finished
areas?	\/	N.1 -	urinating, over the last week?
	Yes	No	0 Not at all
a. Area between rectum and	1	0	1 Less than 1 time in 5
vagina (perineum)			2 Less than half the time
b. Labia	1	0	3 About half the time
c. Clitoris (not related to			4 More than half the time
urination)	1	0	5 Almost always
d. Below your waist in your			
pubic area	1	0	Impact of Symptoms
e. Below your waist in your			7. How much have your symptoms kept you
rectal area	1	0	from doing the kinds of things you would
			usually do, over the last week?
2. In the last week, have you			0 None
experienced:	Yes	No	1 Only a little
a. Pain or burning during	. 00	110	2 Some
urination?	1	0	3 A lot
b. Pain or discomfort during or	'	U	3 A 10t
after sexual climax?	1	0	9. How much did you think about your
arter Sexual Climax?	J	U	8. How much did you think about your
2. How often have you had not an			symptoms, over the last week?
3. How often have you had pain or			0 None
discomfort in any of these area	IS		1 Only a little
over the last week?			2 Some
			3 A lot
0 Never			
1 Rarely			Quality of Life
2 Sometimes			If you were to spend the rest of your life
3 Often			with your symptoms just the way they have
4 Usually			been during the last week, how would you
5 Always			feel about that?
			0 Delighted
4. Which number best describes your			1 Pleased
AVERAGE pain or discomfort on the days			Mostly satisfied
that you had it, over the last week?			3 Mixed (about equally satisfied
0 1 2 3 4 5 6 7 8 9 10			and dissatisfied)
NO PAIN PAIN AS BAD			4 Mostly dissatisfied
	AS YOU		5 Unhappy
	IMAGINE		6 Terrible
<u>Urination</u>			o rombio
5. How often have you had a s			
not emptying your bladder com			
you finished urinating, over the last week?			Cooring the NIII Chronic Prostatitic Commutem Index
0 Not at all			Scoring the NIH-Chronic Prostatitis Symptom Index Domains
1 Less than 1 time in 5			Pain: Total of items 1a, 1b, 1c, 1d, 1e, 2a, 2b, 3, and 4 =
2 Less than half the time			Urinary Symptoms: Total of items 5 and 6 =
3 About half the time			Quality of Life Impact: Total of items 7, 8, and 9 =
4 More than half the time			Adopted from Litryin et al. LU-1 1000-162-260 275
5 Almost always or al	ways		Adapted from Litwin et al. J Urol. 1999;162:369-375